



SOS Outreach Volunteer Opportunities 23/24

About Us

At SOS Outreach, we change young lives, building character and leadership in youth through mentoring outdoors. Our programs combine outdoor exploration, positive adult mentorship, social emotional learning, and community service to help youth discover joy, feel included, overcome challenges, improve their mental health, and become strong leaders. Our programs are guided by our **six core values: Courage, Discipline, Integrity, Wisdom, Compassion, and Humility!**

Programs

Learn To Ride

- Our **introductory ski or snowboard experience** is our most fundamental program for youth in **grades 4-12**. The **five-day curriculum** centers around daily SOS core values while youth learn to ski or snowboard.
- Youth are exposed to new challenges on the mountain that provide opportunities for self-reflection, develop a growing sense of accomplishment, and use core values as a framework for positive decision-making.
- Youth gain a **positive peer group** and, with the support of Teacher Coordinators from their school and volunteer ski instructors, they are **surrounded by motivating adults** to accomplish new goals.
- This program is offered at **The Summit at Snoqualmie** where youth will be matched in groups of 6-8 with 2 SOS volunteer instructors.



Mentor Program

- In this four year, progressive program, youth build upon or develop their skiing/snowboarding skills and focus on positive relationships through **team building activities** with an emphasis on leadership and life skills development.
- Youth are placed in groups of 3-5 with an adult mentor / instructor. Each year of the program includes **five ride days of skiing/snowboarding** and an increasing commitment off-hill through **life skills development workshops** and **service learning projects**.
- Our curriculum targets **four Social Emotional Learning competencies** all while integrating our six core values.
- Volunteers in this position will be expected to uphold consistent communication with their mentees throughout the season (ie. check-ins and to confirm they can come to activity days).
- This program is offered at The Summit at Snoqualmie and is open to youth of all experience levels.



Volunteer Opportunities

The Summit at Snoqualmie

All volunteers will have access to **purchase a discounted season pass for \$150*** or will receive day passes for program days. Rental equipment and soft gear can be provided upon request.

(*season passes may be revoked if a volunteer fails to uphold their commitment without adequate communication)

Mentor Program Instructor:

- 15-20 day minimum commitment (36-48 hours total)
 - 2 trainings for returning volunteers (6 hours total)
 - 4 trainings for new volunteers (12 hours total)
 - 5 ride days (20 hours total)
 - 2 youth workshops (4 hours total)
 - 2 youth service projects (4-8 hours total)
 - Mid-season mentor check-in (1-2 hours)
 - Graduation celebration (2 hours)
 - Summer activity opportunities

Mentor Program Schedule:

Date	Time	Event	Location
Dec 6	5:00 pm - 7:00 pm	Workshop 1	TBD
Dec - Jan	TBD	Service Project 1	TBD
Jan 17	5:00 pm - 8:30 pm	Ride Day 1	Summit West
Jan 31	5:00 pm - 8:30 pm	Ride Day 2	Summit West
Feb 7	5:00 pm - 7:00 pm	Workshop 2	TBD
Feb 14	5:00 pm - 8:30 pm	Ride Day 3	Summit West
Feb 28	5:00 pm - 8:30 pm	Ride Day 4	Summit West
March 8	5:00 pm - 7:00 pm	Service Project 2	TBD
March 13	5:00 pm - 8:30 pm	Ride Day 5	Summit Central
March 27	5:00 pm - 7:00 pm	Graduation Celebration	TBD
<i>Jan 24 & Feb 21</i>	<i>5:00 pm - 8:30 pm</i>	<i>Back-up Ride Days</i>	<i>Summit West</i>

LTR Program Instructor:

- 7-9 day minimum commitment (26-32 hours total)
 - 2 trainings for returning volunteers (6 hours total)
 - 4 trainings for new volunteers (12 hours total)
 - 5 ride days (1 full session, 20 hours total)

LTR Program Ride Days:

All ride days will be at Summit West or Summit Central from 4:30 pm - 8:30 pm.

Session 1 (T)	Session 2 (W)	Session 3 (Th)	Session 4 (T & Th)
January 16	January 17	January 18	February 27
January 23	January 24	January 25	February 29
January 30	January 31	February 1	March 5
February 6	February 7	February 8	March 7
February 13	February 14	February 15	March 12
February 20*	February 21*	February 22*	March 14*

*Back-up date

- **Back-up / Support Instructor:**
 - 4-7 day minimum commitment (10+ hours total)
 - 1-2 trainings for returning volunteers (6 hours total)
 - 3-4 trainings for new volunteers (12 hours total)
 - Availability to fill in for instructors or offer support on ride days
 - Minimum snowsports experience required!

- **Program Photographer:**
 - 6-7 day minimum commitment
 - 1 training for new volunteers, virtual in October (1 hour)
 - Additional trainings are optional
 - 5+ various ride days (negotiable based on available volunteers)
 - End of season celebration

- **Gear Management Support:**
 - 3 day minimum commitment (pre-season, mid-season, and postseason, hours negotiable)
 - Help organize and sort gear
 - No snowsports experience required!

Volunteer Training Dates:

Who	Date	Time	Location
New Volunteers	Various	Various	Virtual
All Instructors	November 1	5:30 pm -7:30 pm	TBD (Seattle)
New Instructors	January 6	8:30 am - 2:30 pm	Summit West
All Instructors	January 9	4:30 pm - 8:30 pm	Summit Central

Group Volunteering

Volunteer as a group of 3-10 to support our program ride days, service projects, or general program maintenance! If this is something you and your team are interested in, please email mcorona@sosoutreach.org to chat more about logistics and pulling an event together.

- **Ride Days**
 - Join us for one of our ride day's and support our youth learning a new sport!
 - Share your knowledge and experience about winter sports and working in the ski/snowboard industry.
 - Our youth are paired with mentor instructors, so this would be a supportive role and a chance to connect with and inspire local youth.
- **Gear Hut Maintenance**
 - Help us fix up our gear hut! Located at Summit West, our section of the "Rokka Hut" needs some love.
 - Fix some stairs, install some shelves, and other general building maintenance.
 - Materials will be provided, tools and trucks are welcome.
- **Youth Service Projects**
 - Join us for a group service project!
 - Dates and details are still to be confirmed.
 - Opportunities can include park clean-ups, clothing/food drives, helping food banks, etc.
 - If you have something in mind or know of a local event we can help with, let me know!

To join our team this season, please fill out this [Volunteer Form](#), or email Marlie at mcorona@sosoutreach.org with any questions!